

Ski Scoops

April 2014

President's Message

Dear Hot Doggers,

As a new YSC board takes office, I'd like to thank Scott Burford for his two years of service as Club President. The make-up of the Board members remains the same, except that Scott and I have switched positions.

The 2014 Ski season was fantastic. YSC offered more trips than any other prior years. Even with the wide swings in temperatures and types of precipitation, Mother Nature was fairly kind and extended winter conditions into early spring.

Last month Scott announced the trips under consideration for 2015. Yes, there will be a bus trip to Stowe/Jay Peak, VT. Todd Holtzinger and I did explore lodging opportunities during YSC 2014 Spring Fling trip. I will be looking for a partner club to share costs and reduce our transportation expenses. We are also taking early \$50.00 (refundable) deposits from members interested in this bus trip.

I have one observation about the next season schedule. While the 2014 trips ran from 1/10/14 thru 4/04/2014, the 2015 schedule is more compressed

running 1/21/2015 to 3/14/2015. Excluding MLK weekend, Valentine's Day, St. Patrick's Day, President's Week and Easter, there are fewer available weeks. Next season there may be a trip/event every weekend. It will be important to make your commitments early.

The Board is also busy planning a busy summer and fall schedule. There will be bike rides, hikes, rafting, camping, picnics and of course drinking options. We can always use volunteers to help with all the events. Please contact me if you will be able to assist or sponsor an event.

Check out the rest of this newsletter for more details.

Keep your tips pointed downhill
(Don't free your heel)

Rick aka Kendo



The first social will be
Tuesday April 15 at Holy Hound
Taproom, 57 West Market Street,
York, PA starting around 5:30 pm.



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BOARD MEETINGS

MARCH 25 • APRIL 22

2014 Summer/Fall Events

Annual Picnic at Lake Meade	Sun. TBD	All
Rail Trail/Wine Bike Ride	Sat. 05/17/14	Rick
Happy Hour Wrap-up/Schedule	04/15 (Holy Hound)	All
Canaan Hike, Bike & Camp	06/19 – 06/22/14	Scott
New River Rafting, WV	TBD	Scott
Maryland Wine Festival	Sun. 09/21/14	Deb
Beer Festivals/Tours	TBD	All
EPSC Winterfest Auction w/PRW	Sun. 11/02/14	Rick
Laurel Lake Picnic/Pole Steeple Hike	TBD	Tim

York Ski Club 2015

Bellearye, NY (Drive)	01/23 – 01/25/15	Scott
EPSC Sugarbush (Bus/Drive)	01/21 – 01/25/15	Rick
Les 3 Vallees, Fr (Air)	02/28 – 03/07/15 or 03/07 - 03/14/15	Mike
Jay Peak/Stowe, VT (Bus)	02/07 – 02/11/15	Rick
Mt. Bachelor, OR (Air)	03/07 - 03/14/15	Mary/Deb
March's Camp – Cross Country Skiing	TBD (Weekend)	Mike M.
Day Trip – Blue Knob?	Sat. 01/31/15	Rick
Retro Day – Ski Roundtop	Sun. 02/28/15	Rick

SKI THE STEEPS (AND OTHER TIPS)

Skiing is not a complicated sport; turn right, turn left, repeat as necessary. Kids slide before they learn how to stop. Adults want to know how to stop before they learn how to ski. Let gravity do the work. If you fight gravity, you will lose.

Thanks to the snowboard industry, ski shapes and cambers have changed, making the sport of skiing easier. All you need to do is roll your ankles to tip the ski on edge to intake a turn. It's tougher to edge on flatter slopes. On slopes with more pitch it's OK to flatten the skis and even skid. Always keep your body (shoulders) facing downhill.

On really steep slopes remember T.O.G.:

T = Stand tall; keep the alignment of your body perpendicular with the earth; avoid leaning back towards the slope.

O = Open; widen your ski stance; extend arms (create more wing span) for balance.

G = Gobble; shave off as much terrain as possible with each turn.

Skiers with average abilities make turns to slow down. The best race skiers turn to speed up. Use the terrain to plan your turns. Slide up a side wall to check your speed or just make more turns when conditions warrant. Always plan an exit strategy to avoid obstacles or the downhill skier.

Rick Resh (Seminar notes Taos Ski Area)

THE SNOWIEST DAY IN PA

Weather.com recently tabulated the snowiest day in each state. The ranking was based on the total snowfall for a 24 hour period. Naturally, Milton, Florida with 4" on 3/5/1954 had the minimum high total. Georgetown, Colorado with 63" on 12/24/1913 beat out Alaska for the top spot.

But where did Pennsylvania fall? PA beat out Vermont, Wyoming, Maine, Utah, Minnesota and Oregon. Actually PA finished 42 "or" 43, tied with Arizona at 38". The record total fell on 3/20/1958 in Morgantown. Why the "or" in the ranking? No data was available from Hawaii.



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Camping and Mountain Biking in West Virginia - Car Pool

June 20-22, 2014

Members will travel to Canaan Valley for a weekend of hiking, soul searching and participation in the 6th Annual Canaan Valley Mtn. Bike Festival. Mountain biking and hiking in WV has been ranked as one of the top 10 North American destinations for years. This trip will reveal what all the fuss is about.

Members will camp at the Blackwater State Forest Campground, Davis, WV. The campground has all basic facilities including hot showers (electric hookup if desired). Other lodging accommodations can be coordinated if members desire. The weekend is family and pet friendly and has degrees of difficulty to match any rider's skill level. Members who prefer to get in some extra riding can arrive on Thursday and enjoy a local bike shop ride. Other members can arrive at their leisure on Friday in preparation for the Festival Weekend starting Saturday.

Mountain Biking Itinerary:

SATURDAY - Members will have a choice of rides depending on skill level starting at 9am (Canaan time). Beginner Ride- Enjoy a leisurely 2-hour ride led by a local amateur botanist Chip Chase. Members will learn about local plant species while enjoying the scenic views. Locals Ride- Enjoy a leisurely 3- hour tour of some great local spots along the Blackwater Canyon. Trip will be led by locals that know the area very well. Skill level for this ride is Beginner/Advanced. Championship Loop Ride- Enjoy a 3.5 hour ride around the WVMBA Championship loop. This trip will be led by a couple of local riders who have raced the course several times during their competition years. Skill level for this ride is Advanced. Canaan Epic Ride- 8+ hour ride hitting some of the gnarliest terrain in Canaan Valley. The trip will be led by local experts including Sue Haywood, local legend and former US National Short Track Champion. Skill level for this ride is advanced+.

Plan to spend at least 6-8 hours in the saddle, but there are bailout points.

Members who are 21+ may participate in the Mtn. Bike Festival Party that will be held at Tip Top in Thomas, WV. The party includes a buffet of sandwiches and local food for the carnivores and vegetarians alike. Drinks not included, but Tip Top has an array of beer, wine and liquor options. Their Pour-Over coffee is good too.

SUNDAY - a free riding day!

Pair up with some locals or retrace your Saturday ride. Cost: \$65 per tent, if interested in the Saturday Festival Party- add \$20pp. Due to the limited campground spaces, Trip Applications and payment in full due April 30th.

Trail Donations are accepted at Blackwater Bikes.
Trip Leader-Scott Burford
Thanks to everyone for making the trip a success!

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